## Oregon City Soccer Club Parent Pledge

## Please read, initial each item, sign, and return with your acceptance form.

1. I pledge to get my child to practice and games on time. This also sets the example for my child and the coach(es) that my child understands the time commitment involved. I will be on time to pick up my child from all games and practices. This shows respect for the coach, and tells my child that he or she is my top priority. $\qquad$
2. I pledge to inform the coach of any absences, vacations or expected tardiness for practices, scrimmages and games.
3. I pledge to use positive encouragement to fill my child's Emotional Tank because athletes do their best when their "Emotional Tank" is full. I understand that less than $1 \%$ of youth sports participants receive college scholarships and that the top three reasons kids play sports are a) to have fun, b) to make new friends, and c) to learn new skills. I understand that the game is for the players, and I will keep sports in the proper perspective.
4. I pledge to reinforce the ELM Tree of Mastery with my child (E for Effort, L for Learning and M for bouncing back from Mistakes). Winners are people who make maximum effort, continue to learn and improve, and do not let mistakes, or fear of making mistakes, stop them. I understand that mistakes are an inevitable part of any game and that the true measure is not how my child compares to others but how he/she is doing in comparison to his/her best self.
5. I pledge to "Honor the game." I understand the importance of setting a good example for my child, no matter what others may do. I will show respect for all involved in the game including coaches, players, opponents, opposing fans, and officials. I understand that officials make mistakes. If the official makes a "bad" call against my team, I will Honor the Game and be silent! $\qquad$
6. I pledge to refrain from yelling out instructions to my child. I understand that this is the coach’s job. I understand that games are chaotic times for children trying to deal with fast-paced action and respond to opponents, teammates and coaches. I will limit my comments during the game to encourage my child and other players for both teams.
7. I pledge to refrain from making negative comments about my child's coach in my child's presence. I understand that this plants a negative seed in my child's head that can negatively influence my child's motivation and overall experience.
8. I pledge to wait a minimum of 24 hours (preferably will make an appointment with the coach / staff to discuss my concerns by phone, email or privately and will not air my concerns in a public setting in front of my child, other players or their families \& not confront the coach(es) on the field immediately after a game.

## I will honor the Oregon City Soccer Club Parents Pledge in my words and actions.

